

2017 FAEC Annual Conference

What's Your Recipe for Effective Feedback?

September 25, 2017



Are you as crazy about feedback as Cookie Monster is about cookies?



How do you make a delicious chocolate chip cookie?

Recipe includes...

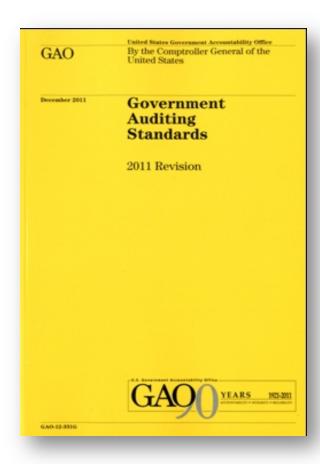


Preparation

Ingredients

Setting

Outcome







What is feedback?











How do you prepare?

What are your ingredients?

What are the settings?

What are your desired comes?



Feedback Begins With Expectations

- □ Have you taken the time to set clear expectations for those you supervise?
- □ Have you provided examples of work products that reflect quality, standards, and level of detail required?
- □ Do you know what your staff want or expect from you?

Prepare yourself to give, elicit, and/ or receive feedback by anticipating your reactions as well as the reactions of others and practice what you will say and do to maintain a constructive dialogue.

Situation-Behavior-Impact (SBI Model)

Situation: Describe the situation (in the meeting yesterday)

Behavior: Describe the behavior (you did not complete the work on time)

Impact: Describe the impact (or so what?) on people, on the work, on the organization (because you were late, we did not have time to discuss your results and had to schedule another meeting)

CARE Technique

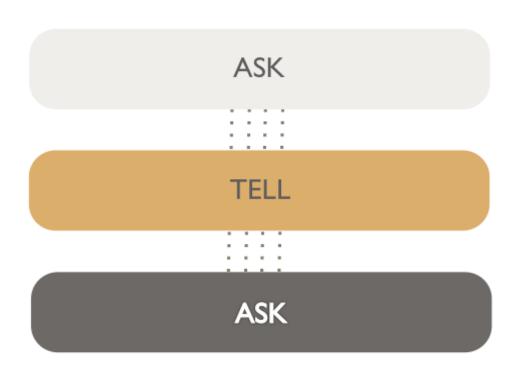
Context – Provide the specific context, situation, or issue observed.

Action – State the specific action or behavior observed without judgment.

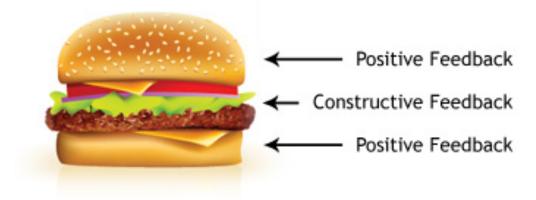
Results – Explain how the results of the action affected you and/or others.

Explore— Explore by asking questions to get clarification of what happened.

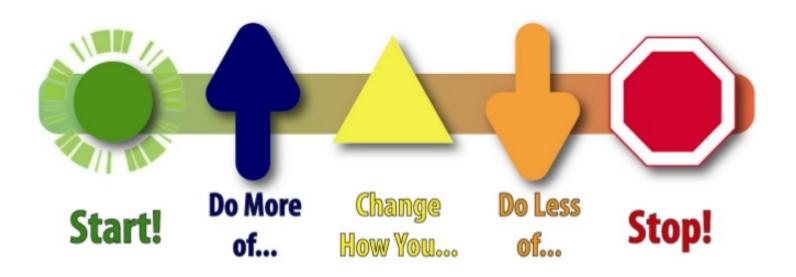
Ask Model



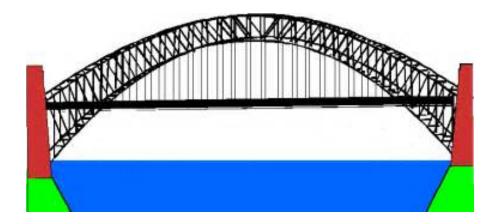
Sandwich Model



Continuum for Giving and Eliciting Feedback



Bridge Model



Connects (bridges) past behavior to future

Effective Feedback is:

- √ Clear
- ✓ Timely
- ✓ Specific
- ✓ Nonjudgmental
- ✓ Actionable
- ✓ Conducted in the appropriate setting



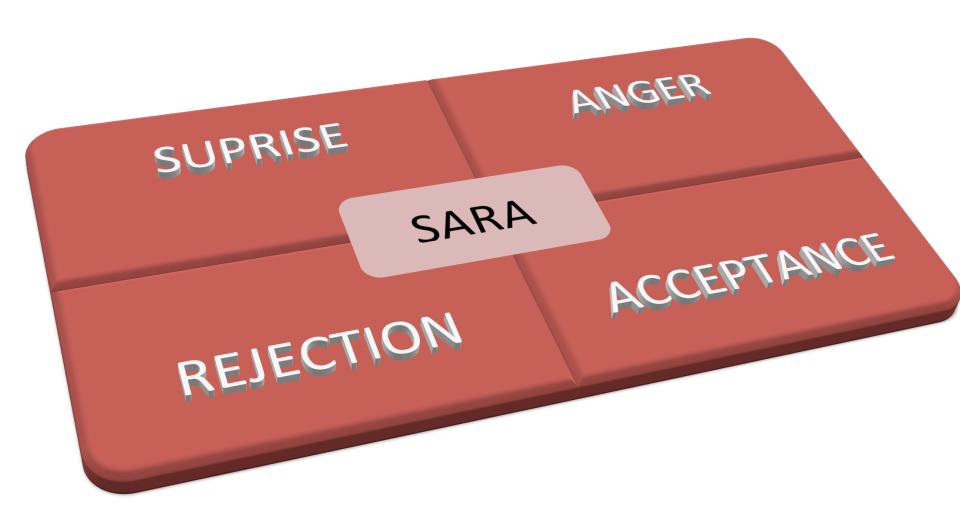
C-Clarify the Issue

A- Address the problem

L- Listen

M-Manage Your Way to Resolution

Reaction to Feedback



To Do List for Feedback

- Prepare in advance
- Be specific when describing the situation
- Be specific when describing the behavior
- Judge the behavior not the person
- Be specific when describing the impact
- Give feedback in a timely manner
- Deliver feedback, check for understanding, then STOP
- Focus on the message
- Pay attention to body language
- Be sensitive to the emotional impact of feedback

Don't List for Feedback

- Don't forget to set clear expectations
- Don't assume
- Don't judge the person
- Don't be vague
- Don't make accusations
- Don't give advise unless asked
- Don't psychoanalyze
- Don't back out of your feedback
- Don't generalize
- Don't use the word "but"



"Feedback, when given well, should not alienate the receiver of the feedback, but should motivate them to perform better."

- M.O., Manager, Fortune 500 Company

What is your recipe for successful feedback?







Beth León CIGIE

Training Institute
Director, Audit, Inspection, and Evaluation Academy
Beth.Leon@cigie.gov

CIGIE: https://www.ignet.gov/

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